



North Dakota FCE Connection

November 2017

NEWS FROM THE NDFCE PRESIDENT

Hi NDFCE members. I hope you are all snuggled in and ready for the winter that seems to be coming no matter what we do! I am hoping that we have a mild winter with little snow. We will see!

The NDFCE Board met a couple weeks ago to start the planning for the 2018 NDFCE Conference which will be held in Carrington April 27-28, 2018. I hope that you got the chance to attend the 2017 NDFCE Conference that was held in Rugby, the “geographical center of North America.” As I read through the evaluations for that conference, I am assured everyone had fun, laughed a bunch, and learned a lot. We learned about gardening in small spaces, we learned about sleep issues that we may experience and ideas of how to improve them, and we learned about the different oils that can be used in cooking. We were enlightened on the Human Trafficking problem...yes, right here in North Dakota. We found out how we could help. The Director of Security at the Heart of America Corrections and Treatment Center in Rugby told us about that Treatment Center and the steps they are taking to help these inmates turn their lives around.



Of course we totally enjoyed the young people reading their winning essays from the NDFCE Character Counts! Essay Contest and the NAFCE Character Counts! Art and Essay Contest.

The 2018 Conference is going to be fantastic too! So I hope you are marking your calendar now -- April 27 and 28, 2018 at the Chieftain in Carrington, ND. Our theme is “FCE...Sweet Like Candy.” Here’s a peek at what we will be doing:

- National FCE Hearth Fire #66 Are you a Sugar Addict?
- National FCE Hearth Fire #67 Aging in Place...Aging Well
- Program from the Extension Service to be determined later
- National FCE Program on Prescription Drugs
- National FCE Hearth Fire #65 How is Technology affecting my family?
- National FCE Character Counts! Art and Essay Contest winners as well as NDFCE Essay Contest winners who wrote on “Why I Like Living in North Dakota.”
- We will be in stitches by Diane Eslinger...The Idiot on the Prairie. I am sure many of you will relate to her humor.

And on and on we go ... so much in two short days. And reacquainting with fellow NDFCE members is a bonus for sure. We will be doing a lot of laughing, we have a tour planned, we will be enjoying many meals together, we will have a wonderful silent auction as we always do, and our fun dollar auction - CANDY! How can you go wrong with that!

How are you all doing on the Ouch Bear / Happy Bear / Hug a Bear /Comfort Bear... project that was introduced at the 2017 Conference? Remember ... use many of your bears in your own area, and bring a pile of them to the 2018 Conference where we will have those bears “placed.”

Remember too ... the 2018 National FCE Conference will be held in Austin, Texas July 19-22 , 2018 with the theme - “Shootin’ for the Stars.” Hope you are making plans to attend ... I know that I will be there!

So ... here we are finishing off 2017 and headed fast for 2018! Think about trying to increase your County membership by one, or by two, or by three .. or more members. The key might be - Just Ask! You never know...that could be all it takes. And be sure and mark your calendars for the 2018 Conference, more information will come out in the next newsletter. Remember too...if some in your club don't have e-mail addresses or has one but didn't receive the newsletter ... please share your copy. And if you are not receiving it in your email, contact Joanne Kaeding at 701.541.4412 so that she can check her email list and make any corrections necessary. We really want you to get your newsletter.

Remember too ... If you have any questions or need anything from the NDFCE Board, please contact any NDFCE Board member. We are including a copy of the 2018 roster in your newsletter packet.

So...keep up the good work! Be proud of your organization and your involvement in it! Let people KNOW that YOU are a MEMBER of FCE - and proud of it.

Joan Geyer

NDFCE President

2017 CLUB / MEMBER AWARDS

Congratulations to the following FCE members/clubs! Keep up the good work!

Club Awards

70 years - Manfred Club, Wells County

70 years - Sels Patient Club, Wells County

Member Awards

25 years - Linda Kuntz, Riverside Club, Burleigh County

40 years - Janice Kanwischer, Friendly Homemakers, Wells County

50 years - Garene Bibelheimer, Merry Maids, Wells County

Alice Weisz, Manfred FCE, Wells County

Patricia Brown, Still Club, Burleigh County

55 years - June Brown, Still Club, Burleigh County

Rosemary Hanson, Wing FCE, Burleigh County

Maureen Kershaw, Mailbox Member, Burleigh County

60 years - Ramona Klocke, Manfred Club, Wells County

Dorothy Motl, Burleigh County



The NDFCE delegates that attended the NAFCE Annual Conference in Omaha, NE in July 2017.

Picture left to right: Kathleen Bien, Melissa Eiter, Joanne Kaeding, Ardyce Snyder and Joan Geyer.

Make plans to attend the NAFCE Conference in Austin, TX in July 2018!

HIGHLIGHTS FROM THE 2017 CONFERENCE IN RUGBY

Center Your Life with FCE was the 2017 NDFCE Conference theme which was hosted in Rugby on April 28 & 29th.

If you weren't able to join us you missed many interesting & dynamic programs. For example: Nourishing Boomers-Sleep, Choosing the Correct Oils, Human Trafficking which is a topic of huge concern all around us today. Something we don't want to happen to our children, grandchildren, or any other people. Wow! that is just part of what happened the first day. Oh Yes, we closed out the first day with dinner & Ardyce Snyder sharing her story about her trip to the ACWW Conference. What an experience.

Saturday brought us another educational & fun filled day. We hosted a county FCE sharing time. Thank you for sharing your thoughts & ideas.

Captain Darren Heidbreder, Director of Security, Heart of America Corrections & Treatment Center in Rugby had a very interesting & eye opening presentation.

At noon we hosted our Awards Luncheon. Our 2017 Character Counts Essay Contest winners presented their articles on "Caring". Plus our NDFCE Character Counts Essay winners presented their presentations on "How do I know Someone Cares About Me? All of these youth did a wonderful job and are becoming great leaders. Our Heart of FCE winner was Joanne Kaeding from Cass County.

Followed by a NAFCE Program entitled "Stars & Stripes" with assistance from the Rugby American Legion.

Of course, we always have fun with our silent auction & special project each year. The silent auction dollars went to the NDFCE general fund and the special book auction proceeds went to the Western Edges Ministries. Captain Heidbreder also brought and donated several knit items -- caps, scarves, mittens & afghans made by inmates in their facility. Thanks to all for making them a success.

All in all if you weren't able to attend our 2017 conference you missed out on a great two days.

Don't miss our 2018 conference at the Chieftain Motel in Carrington on April 27 & 28th . Theme--"Sweet Like Candy". Many fun things are planned. See you in 2018.

It's because of people like each & everyone of you that our conference is a success.

Helen Dahlke

DONATION TO HOPES LANDING

Great job Bicentennial Bells FCE Club!!! A check for \$426 was given to Hope's Landing in Dickinson, ND. This NDFCE club from Dickinson were given a tour of the home. It's lovely and done all by donations. They will have room for 13 ladies with a full time staff member and part time volunteer staff. What a great way to make your community a better place. Congratulations ladies ... job WELL done!!!

Pictured are Ramona Meduna, Marilyn Snow, Bobbie Hanson (volunteer) and Betty Krug, all from Bicentennial Belles FCE club.



COMFORT BEAR PROJECT



At the NDFCE Conference in Rugby NDFCE President Joan Geyer introduced the Comfort Bear Project. Her club, the Noname FCE club from Cass county did this a few years ago. They cut out and sewed stuffed bears and donated them to Fargo Cass Public Health to give to children to take home after they had visited the clinic. The bears were very much appreciated and well received. The Noname club decided to do this project again this year and Joan thought that it would be a great project to do state wide. The bears are very simple and easy to sew. The pattern is included in this newsletter. Patterns were also included in each attendees conference packet. Clubs would make their own decision as to where to donate the bears. This is an easy, fun project and brings smiles to the children who receive them. We are asking each club to bring some completed bears to the NDFCE Conference in Carrington in April 2018. The bears brought to Conference will be donated in the Conference location area. Be sure and take pictures of your finished bears and let your newspapers know what you are up to!!! Happy Sewing!!

MEMBERSHIP FORMS

The 2018 membership forms are included in this newsletter. Note on the form there is an additional column for designated donation. Like everyone else, the National FCE is struggling financially. This is purely a voluntary donation. Please get these in as soon as possible. The membership form goes to the club treasurer, who sends it to the county treasurer. The county treasurer assembles the forms and calculates the dues and sends it on to the State Treasurer Kathleen Bien. Thank you. Let's have a great 2018 FCE Year!

FIRST TIMERS AT 2017 CONFERENCE

Six First Timers attended the NDFCE Conference in Rugby in April 2017.

We hope to see all of you again at the conference in Carrington, April 27 & 28 2018... and bring someone with you. Maybe someone who's hasn't been to conference for a while...or another first timer.



NEW HEARTH FIRE SERIES

Three new Hearth Fire series were introduced at the NAFCE Conference in Omaha, NE in July.

They are titled: Someone's asking...Are you A Sugar Addict?

Aging in Place....Aging Well

How is Technology affecting my Family?

These can be ordered online at NAFCE.org or by calling the NAFCE office at 859-525-6496.

SCHOLARSHIPS

North Dakota FCE has many scholarships and grants to award to NDFCE members, NDFCE clubs and students. If you would like more information on the scholarships and grants listed below please contact me. All applications are due by April 1st each year. Please send all applications to:

Melissa Eiter

1050 38 ½ Ave W

West Fargo, ND 58078

(701)433-0558

joeandmelissa@aol.com

Freshman Scholarship – This is awarded to two or more high school seniors who plan to enroll at an accredited college or university offering a major in Family or Consumer Sciences or related field leading to a B.S. or B.A. degree.

Mary Laycock Scholarship– This is awarded each year to a junior enrolled in the College of Human Development and Education at North Dakota State University for use during the senior year. Mary Laycock served many years as Barnes County Extension Agent.

Emily Freeman Graduate Scholarship - This is awarded to a North Dakota resident holding a Bachelor Degree in Human Development and Education or related field who has been accepted in the North Dakota State University Graduate School to work towards a Master’s degree from the College of Human Development and Education. Emily Freeman was the Associate Home Economics Leader, NDSU Extension Service, for many years.

Grace DeLong Scholarship – This scholarship is for a North Dakota FCE member interested in improving employability through additional education or training. One scholarship will be awarded annually. Grace DeLong was a county, district and state demonstration leader. Under her leadership the county and state Extension Homemaker’s Councils were organized; she was instrumental in founding the National Extension Homemaker’s Council.

Arthur Schultz Memorial Scholarship – This scholarship is for a North Dakota FCE member interested in improving employability through additional education. One scholarship will be awarded annually. Arthur Schultz was the Director of the North Dakota Extension Service from 1961-1972. He passed away while serving in that position.

Arlene Sagness Memorial Grant – Monies will be awarded annually to one or more North Dakota FCE clubs for community service projects. Arlene Sagness was actively involved in Extension Homemakers (FCE) for 26 years. Her involvement reached past the club level to the North Dakota Board of Directors and to serving as Safety Chairman for the National Association for Family and Community Education. Her interest in the Oral History project of our national organization led to her involvement in our state project. She understood the contributions that “Memories of North Dakota Homemakers” could make to our organization as well as to all of the citizens of our state.

Melissa Eiter

HEART OF FCE

The 2016 Heart of FCE Winner for North Dakota was Ellen Linderman (right). She was honored as North Dakota's Heart of FCE Winner at the 2017 National FCE Conference held in July in Omaha, Nebraska.



The 2017 Heart of FCE Winner is Joanne Kaeding from Cass County (Fargo). She was honored at the NDFCE Annual Conference in Rugby. Joanne has been a member of NDFCE for 16 years and held many club, county and State offices. She is currently the State Secretary as well as the Newsletter Editor. Joanne will be honored at the National FCE Conference in Austin, Texas in July 2018.

Congratulations to both of these deserving ladies!

HEART OF FCE NOMINATIONS

As we begin a new year, it is time that you think about who you plan to nominate from your area for the Heart of FCE Award. I am sure you all have people in your club / county who have done numerous activities as an FCE member in your area. It is a grassroots recognition for someone!

Please submit your nominee to Joan Geyer, NDFCE President, 920 7th Street East, West Fargo, ND 58078 by April 1 or before. A form is included in the newsletter. It can also be found on your county CD or contact Joan or any other Board member for the form. You will also need to send a clear photo for printing. The Heart of FCE 2018 winner will be announced at the NDFCE 2018 Annual Conference in Carrington in April!

DISTRICT MEETINGS

The District 2 meeting on August 19 included a tour of the Assumption Abby in Richardton. It included drive on the Enchanted Highway with stops at each of the metal sculptures, and dinner at the "Enchanted Castle" in Regent.

The group included ladies from Dickinson and Richardton.



District 3 held its district meeting on October 3, 2017 in Carrington. Foster County hosted 45 attendees by inviting everyone to Tour Their Town before the meeting started. Several of the stores in the community of Carrington stayed open later hours for everyone to browse and shop. Programs presented at the district meeting were a winning speech from one of the Essay and Artwork contestants, CHARACTER COUNTS! was explained by a 4-H individual, a few comments were given by the National FCE President-Elect and Ellen Linderman talked about her trip to Spain.

CHARACTER COUNTS! ART AND ESSAY CONTEST

The Art and Essay Contest theme for 4th grade this year was “Citizenship”. The theme for the state essay contest for the 2nd & 3rd graders was “Why I like living in North Dakota”.

Please get the information to the schools in your area, as well as to the students who are home-schooled.

We have lots of talented kids across the state so encourage many to write an essay.

Please send completed essays to Arlene by March 1, 2018.

Arlene Retzlaff, 1439 1st Ave E, Dickinson, ND 58601.

Arlene Retzlaff

2017 ESSAY CONTEST WINNERS

Some of the 2017 essay contest winners were able to attend the conference and read their winning essays. This is always a highlight for FCE members. Following are the 2016 Essay Contest Winners!

4th Grade: NAFCE Character Counts! Essay and Art Contest “Caring”

1st Place: Sierra Freidt, Carrington

2nd Place: Maxim Ciubotareanu, Carrington

3rd Grade: NDFCE Essay Contest—“How do I know someone cares about me?”

1st Place: Rowan Jess, Carrington

2nd Place: Ava Peterson, New Rockford

2nd Grade: NDFCE Essay Contest—“How do I know someone cares about me?”

1st Place: Kolton O’Connor, New Rockford

2nd Place: Calleigh, Hewitt, Carrington



Essay contest winners (left to right): Ava Peterson, Kolton O’Connor, Maxim Ciubotareanu, Sierra Freidt, Rowan

Congratulations to all of our 2017 winners!

NAFCE HAS A NEW PRESIDENT-ELECT

Ardyce Snyder from New Rockford, ND is the new President Elect for NAFCE. Ardyce has been a *member of FCE for 39 years, 23 in North Dakota and 15 in Montana.* She has held many elected positions in FCE from club president, county president, district chair to NDFCE president -elect and president, and most recently NAFCE Vice President for Public Policy from 2015-2017. Ardyce has served on various committees while on the NAFCE Board, Nominating, By-Law, FCL, Spirit of FCL, and Heart of FCE to name a few. As President-elect Ardyce will prepare for the office of President and assist the current President and will perform all assigned duties during the one year term of office i.e. Serve with vote on the Executive Committee and Board, and represent FCE at meetings as the President deems necessary. Ardyce is also very involved in her community and her church. Congratulations Ardyce!



FCL Certification

The Family Community Leadership program was designed to develop leadership skills for all of us, whether we have some experience or no experience in leadership or public policy.

FCL certificates are given whenever you attend a session that qualifies for any of these categories: Leadership, Group Process, Issue Analysis and Resolution, Public Policy, Volunteering and Mentoring, and Teaching Techniques.

These certificates are given to each individual that attends FCL classes on the national, state, regional or district levels where certificated programs are presented. When you have received a total of 30 hours in the required fields you will be awarded a FCL leadership badge plus some very important knowledge that can be used in your community, job, volunteerism and family issues.

The 30 hours need to consist of 3 hours in Leadership, 3 hours in Group Process, 3 hours in Issue Analysis and Resolution, 3 hours in Public Policy, 3 hours in Volunteering and Mentoring, and 3 hours in Teaching Techniques. The balance of the 30 hours can be taken in any of the listed categories.

To receive this distinction you will need to send in the certificates with the hours listed plus a summary about what you learned at the classes to National FCE headquarters.

Ardyce Snyder

DONATIONS

If you would like to make a donation to NDFCE, we are a 501C3 organization. All donations to NDFCE are tax deductible and VERY much appreciated. Donations can be mailed to Kathleen Bien, NDFCE Treasurer, 15504 15th St NW, Bismarck, ND 58503.



North Dakota Association for
Family & Community Education

2018 Membership Form
*****Type or Print Clearly in ink*****

*****Do Not Abbreviate City, County, Street or Names*****

Date _____ Current Member ID# _____

Email _____

First Name _____ M.I. _____ Last Name _____

Mailing Address _____

City _____ State _____ Zip Code+4 _____

Phone No _____ County of Residence _____

Club Name _____ Club County _____

Family Membership: (Please list) Spouse Name _____

Dependent Child(ren) _____

Dues	Individual	Family	Senior (80+ years)	Youth 18 and under	Donation
National	\$20.00	\$30.00	\$16.50	\$ 5.00	
State	\$12.50	\$12.50	\$12.50	\$12.50	
Council/County/Parish					
Club					
Total					

Sign and send with total membership dues to Club Treasurer. Club Treasurer send to County Treasurer by the end of October. County Treasurer send to State Treasurer by November 15.

New Member (Never belonged to FCE before)

Member Signature _____
Must be original signature, copies will not be accepted

Mission...To strengthen individuals, families, and communities through continuing education, developing leadership, and community action.

Heart of FCE Award
Nomination Form

Club _____ County _____

Date Due: April 1 **EACH Club/County may submit ONE nominee.** Send one copy to County/State President

I would like to nominate:

Name of Nominee

Address City State Zip Code Phone Number

Club Name

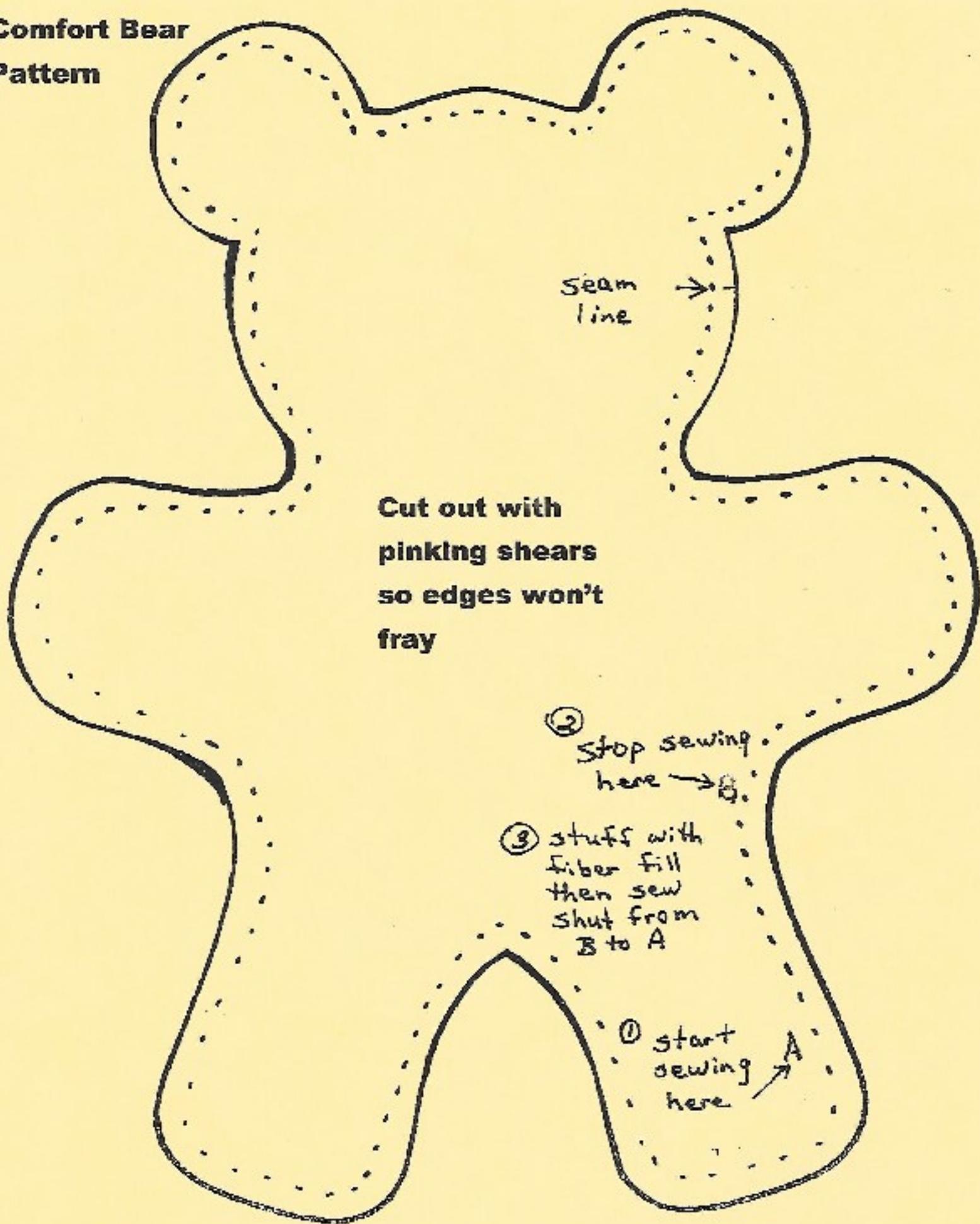
Please attach a photograph

Briefly describe reason for recommendation for the Heart of FCE Award. Please include individual effort, any project and results, or other contributions made by nominee while working in FCE.

Name of person submitting nomination Office/Title

Address City State Zip Code Phone Number

Comfort Bear Pattern



2018 Board of Directors (9/11/17 / 10/7/17)

North Dakota Association for Family & Community Education (NDFCE)

President: Joan Geyer, 920 7th Street East, West Fargo, ND 58078 / 701.281.1123 (home) / 701.412.5917 (cell) / jmgeyer@i29.net (2017-2019)

Past President: Helen Dahlke, 119 4th Avenue SW, Crosby, ND 58730 / 701.965.5566 / dahlke@nccray.com (2017)

Vice President: Arlene Retzlaff, 1439 1st Avenue E, Dickinson, ND 58601-3308 / 701.590.1016 (cell) / eneretz@yahoo.com (2016-2018)

Secretary: Joanne Kaeding, 2813 No. 10th Street, Fargo, ND 58102 / 701.280.2200 / 701.541.4412 (cell) / jkkaeding@gmail.com (2016-2018)

Treasurer: Kathleen Bien, 15504 15th Street NW, Bismarck, ND 58503 / 701.527.3480 / gbien@live.com (2016-2018)

Editor: Joanne Kaeding, 2813 North 10th St, Fargo, ND 58102 / 701/280.2200 / 701.541.4412 (cell) / jkkaeding@gmail.com

Coordinator for Young Families: Melissa Eiter, 1050 38 ½ Avenue West, West Fargo, ND 58078 / 701.433.0558 / Melissa.eiter@noridian.com / joeandmelissa@aol.com

NDEAFCS President & NDFCE Consultant: Julie Garden-Robinson, NDSU Extension Service, PO Box 6050, Fargo, ND 58108-6050 / 701.231.7187 / Julie.garden-robinson@ndsu.edu (term begins 5/1/2016)

Assistant Director, Family & Consumer Sciences / NDFCE Consultant: Deb Gebeke, Morrill Hall 311, 7 / 701.231.9688 / debra.gebeke@ndsu.edu

National FCE President Elect: Ardyce Snyder / Box 45, New Rockford, ND 58356 / 701.947.2084 (home) / 701.302.0332 (cell) / dasnyder@gondtc.com

2018 District Chairpersons

District 1: Marilyn Binde, Box 343, Crosby, ND 58730 / 701.965.6801 (home) / bindemarilyn@yahoo.com

District 2: Chris Marcusen / 853 13th Street East / Dickinson, ND 58601-4993 / chris_marcusen@yahoo.com

District 3: Veronica Davis / 6815 5th Street NE, Carrington, ND 58421 / 701.652.524 / joannejager@yahoo.com

District 4: Rosemary Hanson / Box 25/ Wing, ND 58494 / 701.286.7155 / hansbek@bektel.com

District 5: Melissa Eiter / 1050 38 ½ Avenue West, West Fargo, ND 58078 / 701.433.0558 / Melissa.eiter@noridian.com / joeandmelissa@aol.com



