



North Dakota FCE Connection

February 2019

News From the NDFCE President

What's Up NDFCE?



Greetings NDFCE members. I hope you are all having a wonderful NDFCE Year. We are all waiting for spring with all the cold, snow, and wind that we have been having. Hopefully we will have an early spring ... we certainly deserve it!

I certainly hope that you all have the NDFCE 2019 Annual Conference "penciled" in on your calendars. Now it is time to ink it in! I can hardly believe that it is less than 2 months away!!! So here is your OFFICIAL invite - time to get it on your calendars and call in your motel reservations.

The NDFCE 2019 Annual Conference will be held April 26 and 27, 2019 at the Quality Inn and Suites, 507 25th Street SW, Jamestown, ND 58401 - 701.252.3611.

Now for a few specifics. The Opening Session will begin at 8:00 a.m. on Friday, April 26. This is when you meet the NDFCE Board of Directors and District Chairpersons, and this is when we will recognize our Conference First Timers. Later that morning we will have a session on Tai Ji Qian Moving for Better Balance (TJQMBB). Kayla Carlson, Richland County Extension will be presenting the session. After that session we will have a session on Human Trafficking by Stacy Schaffer of Project 31.8.



Lunch will be held at noon followed by a presentation by Julie Garden Robinson of the NDSU Extension Service. Julie always presents awesome programs for NDFCE. She is going to update us on what is new with the NDSU Extension Service and will do a program on Healthwise for Women - Steps to Reduce Your Risk of Cancer and Finding the Truth in a Sea of Information.

Friday afternoon we will tour the Courthouse and Museum in Jamestown.

Friday evening at 6:00 p.m. we will have a nice dinner, followed by a presentation by Alysse Charlesworth, Miss ND 2018 1st Runner Up. Alysse' presentation is entitled "Know your Lemons."

How is that for a full day of educational and fun programs?

Now for Saturday. We will start at 8 a.m. with our Business Meeting. We will be voting on the revisions to the NDFCE By-Laws. Remember...you all received these By-Law revisions with the last NDFCE Newsletter. If you cannot find yours, check the NDFCE web site at NDFCE.org . The official delegates will be voting on these revisions. We are also going to have a discussion on 4-H Foundation funds. And Ardyce Snyder, the NATIONAL FCE President will tell you about ACWW - Zero Hunger.

Starting at 9 a.m. on Saturday you will attend National FCE programs entitled "Grow as a Volunteer," "How Does Aging Affect my Senses," and "Opioids."

And finally, at 12:15 p.m. we will have the Awards Luncheon. This is always a great event! Be sure you get your years of membership information turned in so your membership can be honored. Also don't forget to turn in your nomination for the Heart of FCE.

NDFCE By-Law Update / 4-H Foundation Moneys

Reminder ... the last NDFCE newsletter included a rough draft of NDFCE By-Laws revisions for your review. These changes, additions, corrections, etc. will be voted on by your delegate at the NDFCE Annual Conference in April in Jamestown. Please have your delegate to the conference review these changes so she will be ready to vote in April 2019.

Also...At the NDFCE Fall Board Meeting in October 2018, the NDFCE Board of Directors made a recommendation for how to use the 4-H Foundation moneys that NDFCE receives. Depending on interest rates, NDFCE receives different amounts each year. At the NDFCE Annual Conference in April the delegates will be voting on this recommendation by the Board of Directors as well as discuss suggested use of this money. Following is the recommendation:

The 4-H Foundation money will be distributed to ND Counties who have FCE members -
\$60 per FCE County.

Thanks much ... see you in April!!!

Joan Geyer, NDFCE President

NAFCE Conference to be held in St. Louis, Missouri



Paula Hammes, Cass County, received one of the 1st Timer scholarship to the 2018 National Conference in Austin, TX.

Have you ever attended a National FCE Conference? You should try it. And if you have attended a conference, you KNOW how much fun they are! The National FCE Conference is scheduled for July 18-21, 2019 at the Marriott St. Louis Airport Hotel in St. Louis, Missouri. These conferences are filled with fun, learning, laughing, inspiration, leadership ... I could go on and on! And, one of my favorite things is you meet fellow FCE members from across the United States!



Joan Geyer at opening ceremony introduction of state presidents at the 2018 National FCE Conference in Austin, TX.

NDFCE Heart of FCE

As you know, Veronica Davis, Carrington, ND (Foster County) was the recipient of the Heart of FCE award in 2018. Veronica was honored at the NDFCE Annual Conference in April 2018 in Carrington and she will be honored at the National FCE Conference in July 2019 in St. Louis, MO.

Congratulations Veronica!!! Well done. What a great example you are of what a Heart of FCE recipient should be!

Included with the NDFCE February 2019 Newsletter is the Heart of FCE form. Please think of the wonderful members in your county and choose one of these great members to receive the Heart of FCE for 2019. Due date is April 1st.

Scholarships

North Dakota FCE has many scholarships and grants to award to NDFCE members, NDFCE clubs and students. If you would like more information on the scholarships and grants listed below please contact me. All applications are due by April 1st each year. Please send all applications to:

Melissa Eiter

1050 38 ½ Ave W

West Fargo, ND 58078

(701)306-0709

joeandmelissa@aol.com

Freshman Scholarship – This is awarded to two or more high school seniors who plan to enroll at an accredited college or university offering a major in Family or Consumer Sciences or related field leading to a B.S. or B.A. degree.

Mary Laycock Scholarship– This is awarded each year to a junior enrolled in the College of Human Development and Education at North Dakota State University for use during the senior year. Mary Laycock served many years as Barnes County Extension Agent.

Emily Freeman Graduate Scholarship - This is awarded to a North Dakota resident holding a Bachelor Degree in Human Development and Education or related field who has been accepted in the North Dakota State University Graduate School to work towards a Master's degree from the College of Human Development and Education. Emily Freeman was the Associate Home Economics Leader, NDSU Extension Service, for many years.

Grace DeLong Scholarship – This scholarship is for a North Dakota FCE member interested in improving employability through additional education or training. One scholarship will be awarded annually. Grace DeLong was a county, district and state demonstration leader. Under her leadership the county and state Extension Homemaker's Councils were organized; she was instrumental in founding the National Extension Homemaker's Council.

Arthur Schultz Memorial Scholarship – This scholarship is for a North Dakota FCE member interested in improving employability through additional education. One scholarship will be awarded annually. Arthur Schultz was the Director of the North Dakota Extension Service from 1961-1972. He passed away while serving in that position.

Arlene Sagness Memorial Grant – Monies will be awarded annually to one or more North Dakota FCE clubs for community service projects. Arlene Sagness was actively involved in Extension Homemakers (FCE) for 26 years. Her involvement reached past the club level to the North Dakota Board of Directors and to serving as Safety Chairman for the National Association for Family and Community Education. Her interest in the Oral History project of our national organization led to her involvement in our state project. She understood the contributions that "Memories of North Dakota Homemakers" could make to our organization as well as to all of the citizens of our state.

Melissa Eiter

Zero Hunger Challenge

The Zero Hunger Challenge was launched by the Former United Nations General Secretary Ban Ki Moon in 2012; who envisioned a world where no person is hungry. ACWW signed up to the Zero Hunger Challenge in June 2015 and pledged to work to eliminate hunger in our life-times.

Our ACWW USA Area President, Jo Almond chose as her Campaign these past 3 years the Zero Hunger Challenge. She challenged everyone to take a small water bottle, small covered plastic container or sandwich size zippered Ziploc and fill it with dimes or soft money and bring the amount that had been saved to their state conference, or national conference. Half of these funds would be sent to ACWW and the other half to a feed the hungry program in your locality.

This challenge has been adopted by the National FCE and your State FCE organizations with half of the funds going to ACWW and the other half to a place that helps feed the hungry. If you were to fill a small water bottle with dimes it will hold \$47.00. If everyone were to do this, what a great amount this would be to share with ACWW and our community hungry programs.

So check your pockets every day for any dimes or soft money to help bring Hunger to an end by filling a little water bottle, small container, or sandwich size Ziploc to the brim and **bring it to the State Conference in April 2019.**

Ardyce Snyder

Character Counts! Art and Essay Contest 2019

The 2019 Character Counts! Theme is "Trustworthiness" and should be prepared by a 4th grade child. The essays must have a minimum of 75 words with artwork in pencil on an 8 1/2 x 11 unlined paper. Each entry needs parental permission and the student's name, grade and name of school. The essays should be judged at the county level and then sent on to me for judging at the state level. (Please don't write on the essays because they could be sent on to National for judging). You can award prizes to the entrants at the county level if you desire.

The theme for the 2nd and 3rd grade this year is "What makes a good friend?" The essays should be a minimum of 50 words. All essays need a signed permission slip from parents. Essays should be judged at the county level and sent to me by March 1. Nothing should be written on the essays by the county judges because they are judged at the state level.

Please send completed essays and artwork by March 1, 2019 to: Arlene Retzlaff, 1439 1st Ave E, Dickinson, ND 58601.

Arlene Retzlaff

2019 NDFCE Conference Service Project and Silent Auction



Our theme this year is FCE...Made in the USA. We are asking attendees to bring “homemade” or “made in the in North Dakota” items for the Dollar Auction. Proceeds will be given to Breast Cancer Awareness. And of course, as usual, bring items for the silent auction with proceeds going to the NDFCE.



So....remember:

- Homemade or items made in North Dakota for the Dollar Auction with proceeds going to Breast Cancer Awareness.
- Items for the Silent Auction.
- A bottle, baggie, container full of dimes (or paper money aka “soft money”) for ACWW Zero Hunger.



2019 NATIONAL FCE CONFERENCE

“Come Explore St. Louis,” which is the theme that St. Louis Missouri goes by which is where the 2019 National Family and Community Education conference will be held. There is a link on the national website to our hotel which is the **Marriott St. Louis Airport Hotel**. The room rate is \$110.00, and reservations need to be made by June 14, 2019.

Conference dates are **Thursday, July 18th thru Sunday July 21st, 2019.**

There is Complimentary airport shuttle and parking for meeting quests and overnight quests.

Also included are two - \$10.00 discounted buffet breakfast vouchers per room.

Please reference National Association for Family and Community Education when calling and making your reservations.

Our theme for the conference is “Celebrate your journey thru FCE”.

The conference registration and more info about the conference will coming shortly. As conference details become available, they will be put on our website. So please check the website www.nafce.org often to see what is coming up.

Make plans now to attend the 2019 National Conference and bring the family along and see all the sights that St Louis has to offer like the Arch, Zoo, Ball Stadiums and maybe take in a game or two.

Ardyce Snyder

Heart of FCE Award
Nomination Form

Club _____ County _____

Date Due: April 1 **EACH Club/County may submit ONE nominee.** Send one copy to County/State President

I would like to nominate:

Name of Nominee

Address City State Zip Code Phone Number

Club Name

Please attach a photograph

Briefly describe reason for recommendation for the Heart of FCE Award. Please include individual effort, any project and results, or other contributions made by nominee while working in FCE.

Name of person submitting nomination Office/Title

Address City State Zip Code Phone Number

2019 Board of Directors (January 28 2019)

North Dakota Association for Family & Community Education (NDFCE)

President: Joan Geyer, 920 7th Street East, West Fargo, ND 58078 / 701.281.1123 (home) / 701.412.5917 (cell) / jmgeyer@i29.net
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President Elect: Susan Stoddard, 1205 3rd Street North, Carrington, ND 58421 / 701.649.0080 / acateredevent@live.com
(2020)

Vice President: Arlene Retzlaff, 1439 1st Avenue E, Dickinson, ND 58601-3308 / 701.590.1016 (cell) / eneretz@yahoo.com
(2018-2020)

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Melissa.eiter@noridian.com / joeandmelissa@aol.com

NDEAFCS President & NDFCE Consultant: Kayla Carlson, Richland County NDSU Extension Service / kayla.l.carlson@ndsu.edu
(term begins 5/1/2019)

National FCE President: Ardyce Snyder / Box 45, New Rockford, ND 58356 / 701.947.2084 (home) / 701.302.0332 (cell) /
dasnyder@gondtc.com

2019 District Chairpersons

District 1: Marilyn Binde, Box 343, Crosby, ND 58730 / 701.965.6801 (home) / bindemarilyn@yahoo.com

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North Dakota Association for Family & Community Education